


# Brodo: A Bone Broth Cookbook

*By Marco Canora*

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**Brodo: A Bone Broth Cookbook** By Marco Canora

No one has been more responsible for the recent explosion of interest in bone than New York City chef Marco Canora.  After completely revitalizing his health by integrating bone broth into his diet, Marco began to make his nourishing broths available by the cupful to New Yorkers from a small window in his East Village restaurant, drawing sell-out crowds virtually from the beginning. No longer just a building block for soups and sauces, bone broths are now being embraced for their innumerable health benefits, from cultivating a healthier gut to greater resistance to colds and other illnesses.  In *Brodo, Marco* shares the recipes for his flavorful, nutritious broths and shows how to serve them year round as well as incorporate them into recipes and as a daily health practice. Perfect for stirring into a broth bowl or a pot of risotto, as a more gentle, supportive alternative to the afternoon caffeine fix, and an immunity and health booster any time, the homey bone broths in *Brodo* should be a part of every well-stocked pantry.

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## Editorial Review

About the Author
As a chef, restaurateur, and cookbook author, MARCO CANORA has been doing his part to promote delicious, simple, and healthful food. He is the restauranteur behind Hearth, Insieme, and Terroir, has cooked at Gramercy Tavern and at Craft with Tom Colicchio, and is the author of *Salt to Taste* and *A Good Food Day*. He was a contestant on Food Network's *Next Iron Chef* and teaches cooking classes every summer in Tuscany. He lives in New York.

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**Harrison Colon:**

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**Marylou Standley:**

Playing with family in the park, coming to see the marine world or hanging out with buddies is thing that usually you have done when you have spare time, and then why you don't try matter that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love Brodo: A Bone Broth Cookbook, it is possible to enjoy both. It is good combination right, you still wish to miss it? What kind of hang-out type is it? Oh can happen its mind hangout men. What? Still don't obtain it, oh come on its identified as reading friends.

**David Baxter:**

With this era which is the greater man or woman or who has ability to do something more are more treasured than other. Do you want to become among it? It is just simple way to have that. What you should do is just spending your time almost no but quite enough to experience a look at some books. One of the books in the top checklist in your reading list is Brodo: A Bone Broth Cookbook. This book and that is qualified as The Hungry Hills can get you closer in getting precious person. By looking upwards and review this publication you can get many advantages.


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