

Heinz Kohut and the Psychology of the Self (Makers of Modern Psychotherapy)

By Allen M. Siegel

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Heinz Kohut's work represents an important departure from the Freudian tradition of psychoanalysis. A founder of the Self Psychology movement in America, he based his practice on the belief that narcissistic vulnerabilities play a significant part in the suffering that brings people for treatment. Written predominantly for a psychoanalytic audience Kohut's work is often difficult to interpret. Siegel uses examples from his own practice to show how Kohut's innovative theories can be applied to other forms of treatment.

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Review
Self Psychology is a vigorous branch of psychoanalysis and should be better known and understood here... I recommend this book as an excellent introduction to the work of Heinz Kohut. -
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About the Author
Allen M. Siegel is a psychiatrist and psychoanalyst in private practice in Chicago.

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