

The Exam Skills Handbook: Achieving Peak Performance (Palgrave Study Skills)

By Stella Cottrell

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Provides an easy-to-follow set of strategies and techniques that build to a plan for achieving your best possible exam performance. It gives practical step-by-step guidance in long-term planning for optimal performance through to last minute revision strategies. This fully updated, two-colour edition includes two brand new chapters.

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'In no way difficult, this book is useful, relevant and concise. A must for any college or university student, plus an absolute bargain price' - Amazon review

About the Author
Stella Cottrell is Pro-Vice-Chancellor for Learning, Teaching and Student Engagement at the University of East London, UK and was formerly the Director of Lifelong Learning at the university of Leeds, UK. She is an international bestselling author, with over a million sales worldwide. Her other titles include The Study Skills Handbook, Critical Thinking Skills, The Palgrave Student Planner, Skills for Success, and Dissertations & Project Reports.

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