

Sarah Raven's Garden Cookbook

By Sarah Raven

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This is the ultimate all-in-one reference for anyone who orders a fruit or vegetable box, is a regular at a farmers' market or simply dreams of a life filled with good quality food. Taking us through the year in six seasonal chunks of two months each, Gardener's World presenter Sarah Raven introduces us to the best vegetables, fruit and herbs grown in the UK. For each one, there are hosts of simple yet inspiring recipes - over 450 in all - ranging from Warm broad bean salad to Green mayonnaise; Spinach and Gruyere tart to Mint and pea tip risotto; Sweet potato gratin to Celeriac souffle; and Basil ice cream to Damson and almond pudding. Practical, engaging, and gorgeously realised with Jonathan Buckley's vivid photographs taken in Sarah's family garden in East Sussex, Sarah Raven's Garden Cookbook offers a colourful and delicious repertoire of ideas that put vegetables, herbs and fruit at the centre of every meal, all year round.

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Sarah Raven's Garden Cookbook By Sarah Raven Bibliography

- Sales Rank: #2421339 in Books
- Brand: imusti
- Published on: 2007-06-04
- Original language: English
- Number of items: 1
- Dimensions: 9.96" h x 1.61" w x 7.68" l, 4.02 pounds
- Binding: Hardcover
- 464 pages

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Editorial Review

Review
'Sarah's recipes are friendly, practical, inspiring and often ingeniously simple. This brilliant and timely book puts fresh, seasonal, local fruit and veg back where they belong: right at the heart of every good cook's kitchen. It's pretty much the book I was hoping to write myself. I'll have to think of something else now...' Hugh Fearnley-Whittingstall 'How could anyone not want to grow and cook their own food after reading this book? Sarah's enthusiasm, wisdom and encouragement shine through on every page.' Nigel Slater 'This is a unique book for both gardeners and cooks, combining Sarah's passion for growing herbs, salads and vegetables with a wide variety of delicious seasonal recipes' Rose Gray

About the Author
Sarah Raven is a broadcaster, teacher and writer. Her first book, The Cutting Garden, won the Garden Writers' Guild Award for Best Specialist Gardening Book. Sarah makes regular appearances on Gardeners' World, the BBC's flagship gardening programme, sharing her expertise on fruit and vegetables, both from Berryfields and from her own garden at Perch Hill in East Sussex. Jonathan Buckley specialises in garden and plant photography and has been working with Sarah Raven, taking photographs at Perch Hill, for ten years. He was awarded the title Garden Writers' Guild Features Photographer of the Year in 2004.

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