

Flavors of India: Vegetarian Indian Cuisine

By Shanta Nimbark Sacharoff

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Along with recipes for beverages, snacks, chutneys, dairy products, vegetable dishes, rice, dal (lentils, peas, and other legumes), breads, and sweets, you will find helpful information on the spices and other ingredients that are essential to authentic Indian cooking. Includes nutritional information on the healthful benefits of Indian vegetarian cuisine.

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Editorial Review

Review
"Flavors of India is well named-Shanta's presentation is so clear, a delicious rainbow of tastes seems to leap off each page."

Users Review

From reader reviews:

Irma Hughes:

The particular book Flavors of India: Vegetarian Indian Cuisine has a lot associated with on it. So when you read this book you can get a lot of advantage. The book was authored by the very famous author. This articles author makes some research previous to write this book. This book very easy to read you can find the point easily after reading this article book.

Irving Brehm:

Playing with family inside a park, coming to see the water world or hanging out with close friends is thing that usually you may have done when you have spare time, then why you don't try issue that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Flavors of India: Vegetarian Indian Cuisine, you could enjoy both. It is excellent combination right, you still desire to miss it? What kind of hang type is it? Oh occur its mind hangout people. What? Still don't understand it, oh come on its known as reading friends.

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