

PostSecret: Extraordinary Confessions from Ordinary Lives

By Frank Warren

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PostSecret: Extraordinary Confessions from Ordinary Lives By Frank Warren

***New York Times* Bestseller**

The project that captured a nation's imagination.

The instructions were simple, but the results were extraordinary.

You are invited to anonymously contribute a secret to a group art project. Your secret can be a regret, fear, betrayal, desire, confession, or childhood humiliation. Reveal *anything* -- as long as it is true and you have never shared it with anyone before. Be brief. Be legible. Be creative.

It all began with an idea Frank Warren had for a community art project. He began handing out postcards to strangers and leaving them in public places -- asking people to write down a secret they had never told anyone and mail it to him, anonymously.

The response was overwhelming. The secrets were both provocative and profound, and the cards themselves were works of art -- carefully and creatively constructed by hand. Addictively compelling, the cards reveal our deepest fears, desires, regrets, and obsessions. Frank calls them "graphic haiku," beautiful, elegant, and small in structure but powerfully emotional.

As Frank began posting the cards on his website, PostSecret took on a life of its own, becoming much more than a simple art project. It has grown into a global phenomenon, exposing our individual aspirations, fantasies, and frailties -- our common humanity.

Every day dozens of postcards still make their way to Frank, with postmarks from around the world, touching on every aspect of human experience. This extraordinary collection brings together the most powerful, personal, and beautifully intimate secrets Frank Warren has received -- and brilliantly illuminates that human emotions can be unique and universal at the same time.

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Editorial Review

Review
“Humanity at its finest . . . And because of it I am falling in love with the world again.” (– A contributor on Postsecret.com)

“A fascinating public airing of private thoughts. . . The range of efforts (meticulous, sloppy, artful, ponderous) will astound you.” (– TIME.com, "50 Coolest Websites of 2005")

3rd Place, Special Trade-Fine Art under $75 Category, New York Book Show (No Source)

About the Author

Frank Warren started PostSecret as a community art project where he invited total strangers to anonymously mail in their secrets on a homemade postcard. This simple act sparked a global phenomenon. Frank has received over 1 million secrets in his mailbox with more arriving every day but Sunday. PostSecret.com has won seven Webby Awards and is the most visited advertisement-free blog in the world. The postcards have been curated for five New York Times bestselling books and have been exhibited at the Museum of Modern Art and the American Visionary Art Museum. Frank has traveled the world sharing secrets and stories from Australia to the White house. There is a PostSecret album, a PostSecret TED Talk and a PostSecret Play on tour. In 2011 Frank was awarded the ‘HopeLine Lifetime Achievement Award’ for his work on suicide prevention and was invited to the White House to work on issues of mental wellness. Frank lives in Germantown, Maryland, with his wife and daughter.

Users Review

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