

The Calm Center: Reflections and Meditations for Spiritual Awakening (An Eckhart Tolle Edition)

By Steve Taylor

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These powerful meditations and poetic reflections will comfort, inspire, and gently bring you out of the hectic day-to-day and back to the bedrock of peace, and even joy, of your true, essential, and authentic self. By encouraging you to see the limitations of your everyday, conditioned personality, Steve Taylor empowers you to step outside of it so you can breathe the fresh air of freedom. His words will guide you on a journey through the landscape of wider awareness, pointing out the obstacles and landmarks along the way to enlightenment. A profound modern spiritual text with the power to transmit awakening, *The Calm Center* will help you open to the deepest and highest experiences of a life fully lived.

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Editorial Review

Review

“If you open yourself to their transformative power…each piece will work its magic within you.”
— from the introduction by **Eckhart Tolle**, author of *The Power of Now* and *A New Earth*

“Every now and then a book appears that adds beautiful drops to the stream of ineffable wisdom that has flowed through the ages. *The Calm Center* is such a book. It opens a path to the authentic self.”
— **Elizabeth Lesser**, author of *Broken Open* and cofounder of Omega Institute

“Transcendent yet grounded, profound yet simple, timeless yet refreshingly new. Steve Taylor’s book takes flight and lifts us up, up, up beyond ourselves.”
— **Arjuna Ardagh**, author of *The Translucent Revolution*

“*The Calm Center* calls us back, encourages us on the journey, and reminds us of the joy and ease beneath all the daily trying. These poems help take us home.”
— **Oriah Mountain Dreamer**, author of *The Invitation*

“A beautifully written guide into the fierce, liberating aliveness within the present moment. Steve Taylor’s intimacy is transforming.”
— **Michael Bernard Beckwith**, author of *Life Visioning*

“A delightful and inspiring collection of teachings spoken from the heart of one who knows.”
— **Peter Russell**, author of *From Science to God*

About the Author

Steve Taylor’s books, published in eighteen languages, include *Waking from Sleep*, *Out of the Darkness*, and *The Fall*. Since 2011, he has appeared annually in *Mind, Body, Spirit* magazine’s list of “the world’s 100 most spiritually influential living people.” He teaches at Leeds Beckett University and lives in Manchester, England.

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