

Decadent Gluten-Free Vegan Baking: Delicious, Gluten-, Egg- and Dairy-Free Treats and Sweets

By Cara Reed

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Decadent Gluten-Free Vegan Baking: Delicious, Gluten-, Egg- and Dairy-Free Treats and Sweets By Cara Reed

Exceptional Vegan and Gluten-Free Baked Goods

Baking delicious, one-of-a-kind desserts is one thing, but when those desserts are gluten-free and vegan…now that's something everybody can enjoy.

Cara Reed, creator of ForkandBeans.com, is sharing over 100 amazing and easy gluten-free, vegan recipes that are also unique from her blog. By using tasty and natural substitutions such as almond milk, soy butter, coconut oil and nut-based cream, your treats will be the star of the show with any crowd.

Creative and mouth-watering recipes include Churros with Chocolate Dipping Sauce, Pumpkin Cupcakes, German Chocolate Cake and Sweet Almond Braided Bread. So whether you're gluten-free, vegan or just looking to try something a little more plant-based and a lot more delicious, this book has it all.

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Editorial Review

Review

“Cara Reed is a gluten-free dream come true. Not only does she create amazing versions of your childhood treats like Samoas and Thin Mints, her easy to follow recipes let you be your family's gluten-free hero!” ?*Kathy Hester, author of OATrageous Oatmeal and The Great Vegan Bean Book*

“This delightful collection of baked treats is a vegan triumph. That they are also gluten-free is nothing short of astonishing. From your favorite Girl Scout Cookies to Blueberry Buttermilk Coffee Cake, each recipe is a gem.” ?*Robin Robertson, bestselling author of Vegan Planet, Quick-Fix Vegan, One-Dish Vegan and many more*

“Cara's desserts will have you absolutely swooning. With her creative gluten-free takes on classic childhood favorites like Strawberry Frosted 'Pop-Tarts,' Girl Scout Cookies, Churros with Chocolate Dipping Sauce and Cheez-It Crackers, combined with Celine's gorgeous photographs, you will want to devour everything in this book.” ?*Julie Hasson, author of Vegan Diner, Vegan Pizza and more*

About the Author

Cara Reed is the creator of the popular blog, Fork and Beans, which features gluten-free, vegan recipes and gets over 10,000 hits a day. Cara's blog was voted one of the Top 50 Vegan Blogs and her recipes have been featured in *VegNews* magazine and on HuffingtonPost.com and EnjoyLifeFoods.com. She lives in Los Angeles, California.

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