

Counseling Research: Quantitative, Qualitative, and Mixed Methods

By Carl J. Sheperis, J. Scott Young, M. Harry Daniels

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Using *Counseling Research: Quantitative, Qualitative, and Mixed Methods*, counseling students are given the opportunity to learn research design, methodology, and analysis through a counseling-specific framework. While other comparable survey books on education-related research and statistics do not contain many specific examples and applications of quantitative, qualitative, and mixed methods from the counseling profession, this texts gives counseling students the opportunity to learn research methods within their own unique discipline.

By using counseling-specific examples, students will be more able to apply their learning to other aspects of their training and professors will have a more straightforward means of making research understandable and relevant to the master's level counseling student. *Counseling Research* also focuses not only on how to produce valid research, but also on how to competently read, analyze, and utilize others' research. In addition to the requisite research materials, the textbook includes chapters on ethics in counseling research, multicultural issues in counseling research, and a practical guide to SPSS.

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Editorial Review

Review

From reviews of the text:

“The content is strong and clearly explained. . . . This is the best [counseling research text] I have seen.”
—Monica Osburn, UNC-Pembroke and Webster

“The writing style is one of the best features of this text. The authors do a phenomenal job at describing research methods at a level that will appeal to counselling students.
—Angela Sikorski, Texas A&M University, Texarkana

“I feel [the writing] is a strength of the text. The majority of my students report it is easy to follow and understand, even those with limited research knowledge. . . . I have been using this text for the last two years and have found it the most effective in teaching students counseling research. The reasons for this, is it is not written above their current level of understanding and it does give applicable examples to the counseling profession. So often I find counseling students viewing research methods courses as courses they must just ‘get through’ and not ones that will help them in their future careers. This book . . . does help students understand how this knowledge can benefit them in their future practice.
—Ryan Melton, Portland State University

“Strengths [include that it is] easy for students to understand; relates to the counseling profession; [and] contains examples of counseling-related research studies.”
—Dr. Judy Shipp, University of Illinois, Springfield

“The book is very clear and concise, and it is an easy text for the students to understand. The many examples used throughout the text and sample paper are great resources for the students. . . . It is relevant to counseling students, it has information required by CACREP, and it is a comprehensive research textbook that is easy for students to follow. The examples given are superb and help students achieve course objectives.”
—Lakitta D. Johnson, Jackson State University

From the Back Cover

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Counseling Research: Quantitative, Qualitative, and Mixed Methods was designed as an introductory research text for counselors-in-training and assumes no prior knowledge. The book is oriented toward the issues counselors face when conducting research, and is presented in a direct, easy to read manner using counseling literature and examples to communicate the information the typical master’s level counselor needs to know.

This student-friendly resource is arranged into18 comprehensive chapters, each authored by experts in the field. In Part 1, the authors lead the reader through the steps a researcher takes to begin a study; including

reviewing the literature, developing research ideas and appropriate research questions, and deciding on a methodology that best suits an investigation of the topic. In Part 2, quantitative approaches to research methodology are explored, followed in Part 3 by a discussion of qualitative approaches to research. In Part 4, mixed method designs, data analysis and writing up one's findings into a research manuscript are covered. The book closes with a discussion of multicultural counseling issues in research.

Praise for *Counseling Research: Quantitative, Qualitative, and Mixed Methods*:

"I believe that the writing style is one of the greatest strengths of the text….I really like the emphasis placed on not just the topic, but on why the counselor needs to know about research. The scientist-practitioner model is great. The relevant examples are also fabulous."

--Elizabeth Thrower, University of Montevallo

"A key strength of this text is its comprehensive presentation of the full range of research methods/designs which exist in the counseling literature. Another strength of this text is its attempt to speak directly to novice researchers/consumers of research in a manner which effectively bridges the cognitive gap between theory and application."

--Charles D. Palmer, Mississippi State University

"The key strength of this manuscript is that each chapter is written by different individuals in the field….I believe that counselors and others in the helping professions need a research textbook that is comprehensive and guided to the interests of counselors. I believe that this textbook is right on that track."

--Joseph C. Ciechalski, East Carolina University

About the Author

Carl Sheperis is an associate professor in community counseling at Mississippi State University. He specializes in the assessment and treatment of behavioral and developmental disorders in infancy and childhood. Carl is a recipient of the Outstanding Counselor Educator Award by the Southern Association for Counselor Education and Supervision (SACES) and the Donald Hood Research Award for the Association for Assessment in Counseling and Education (AACE). Carl has authored over 60 articles and book chapters and is co-author of *The Peace Train: A School-Wide Violence Prevention Program* (Educational Media, 1999).

J. Scott Young is a professor in the department of counseling and educational development at the University of North Carolina at Greensboro where he also serves as department chair. He is the co-editor of the book *Integrating Spirituality into Counseling: A Guide to Competent Practice* (American Counseling Association, 2004) and has published numerous articles on the interface of clinical practice with spirituality and religion.

M. Harry Daniels is professor and chairperson of the department of counselor education at the University of Florida at Gainesville. He is the author of numerous book chapters and articles regarding counseling and development.

Users Review

From reader reviews:

Martha Doughty:

Nowadays reading books be a little more than want or need but also be a life style. This reading practice give you lot of advantages. The huge benefits you got of course the knowledge the particular information inside the book that improve your knowledge and information. The data you get based on what kind of reserve you read, if you want have more knowledge just go with training books but if you want sense happy read one along with theme for entertaining for instance comic or novel. The Counseling Research: Quantitative, Qualitative, and Mixed Methods is kind of guide which is giving the reader unforeseen experience.

James Haney:

Information is provisions for anyone to get better life, information currently can get by anyone at everywhere. The information can be a information or any news even an issue. What people must be consider whenever those information which is within the former life are challenging to be find than now could be taking seriously which one is acceptable to believe or which one typically the resource are convinced. If you get the unstable resource then you obtain it as your main information we will see huge disadvantage for you. All those possibilities will not happen with you if you take Counseling Research: Quantitative, Qualitative, and Mixed Methods as the daily resource information.

Walter Burchett:

Spent a free time to be fun activity to accomplish! A lot of people spent their down time with their family, or all their friends. Usually they carrying out activity like watching television, going to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Could possibly be reading a book might be option to fill your free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the guide untitled Counseling Research: Quantitative, Qualitative, and Mixed Methods can be very good book to read. May be it may be best activity to you.

Jason Buckley:

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