

Cracking the Metabolic Code: 9 Keys to Optimal Health

By James B Lavalle R.P.H. C.C.N. N.D.

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Dr. LaValle offers a compelling new approach to solving the problems of heart disease, obesity, cancer, diabetes, depression, arthritis, allergies, asthma, and chronic fatigue syndrome. The answers lie in his breakthrough book Cracking The Metabolic Code, in which he brings together The Nine Key Factors within every human body that are essential for the creation and maintenance of a strong, healthy body at every age and stage of life.

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Editorial Review

About the Author
James B. LaValle, RPh, CCN, ND, "has been involved in natural medicine for over twenty years. Known as America s Pharmacist, he is a nationally recognized figure in the field of natural therapeutics. Dr. LaValle s experience ranges from extensive clinical practice, product design and formulation, and technology development, to author, educator, and media personality. He maintains a clinical practice at Pro Scan International.

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