

Letters on Ethics: To Lucilius (The Complete Works of Lucius Annaeus Seneca)

By Lucius Annaeus Seneca

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The Roman statesman and philosopher Seneca (4 BCE–65 CE) recorded his moral philosophy and reflections on life as a highly original kind of correspondence. *Letters on Ethics* includes vivid descriptions of town and country life in Nero's Italy, discussions of poetry and oratory, and philosophical training for Seneca's friend Lucilius. This volume, the first complete English translation in nearly a century, makes the *Letters* more accessible than ever before.

Written as much for a general audience as for Lucilius, these engaging letters offer advice on how to deal with everything from nosy neighbors to sickness, pain, and death. Seneca uses the informal format of the letter to present the central ideas of Stoicism, for centuries the most influential philosophical system in the Mediterranean world. His lively and at times humorous expositions have made the *Letters* his most popular work and an enduring classic. Including an introduction and explanatory notes by Margaret Graver and A. A. Long, this authoritative edition will captivate a new generation of readers.

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- Sales Rank: #110053 in Books
- Brand: Univ of Chicago Pr
- Published on: 2015-11-20
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x 1.70" w x 5.50" l, .0 pounds
- Binding: Hardcover
- 528 pages

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About the Author

Margaret Graver is the Aaron Lawrence Professor of Classics at Dartmouth College. She is the author of *Cicero on the Emotions: Tusculan Disputations 3 and 4* and *Stoicism and Emotion*. **A. A. Long** is Chancellor’s Professor Emeritus of Classics at the University of California, Berkeley. He is the author of many books on ancient philosophy, including *Epictetus: A Stoic and Socratic Guide to Life* and *Greek Models of Mind and Self*.

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