

Dance, Somatics and Spiritualities: Contemporary Sacred Narratives

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Dance, Somatics and Spiritualities: Contemporary Sacred Narratives From Intellect UK

Dance, Somatics and Spiritualities brings together prominent authors and practitioners in order to elucidate how a wide range of sacred narratives/spiritualities are informing pedagogy, educational and therapeutic practice. As well as providing new insights and promoting creative/artistic awareness, this seminal text de-mystifies the spiritual/sacred and brings clarity and academic visibility to this largely uncharted and often misrepresented subject.

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Editorial Review

Review

“By addressing various notions about forms of spirituality within the contexts of meditative movement, classroom and other directed movement activities, and dance performance, the authors provide an expansive view of somatic experience and spirituality.”
(*Veta Goler, Division Chair for Arts and Humanities and Associate Professor of Dance, Spelman College*)

“A tremendous gift for somatic practitioners, artists, teachers and all who seek to illuminate the subtle nuances of embodied life. This collection reaches wide and deep to trace the diverse contours of somatic knowing in its fullness.”
(*Daniel Deslauriers, Transformative Studies Doctorate Program, California Institute of Integral Stud*)

“This anthology shares a fascinating range of ideas, addressing the development of learning and perceptions of self through social, cultural and historical constructs.”
(*Duncan Holt, Lecturer in Dance and Performance, University of Hull*)

“Academics and practitioners will find stimulation for related research projects in this substantial work, which also provides a basis for literary research for students in this field.”
(Fiona Bannon, *Senior Lecturer in Dance in the School of Performance and Cultural Industries, University of Leeds*)

“Finally exists a book that offers a range of perspectives that looks academically at the numinous in dance without belittling or aggrandizing the subject. . . [The editors] have pulled together an impressive anthology of essays on a topic often overlooked. . . With its many prominent contributors, *Dance, Somatics and Spiritualities* provides a valuable role in intelligently discussing the place of spirituality in dance and somatic movement.”
(*Cheryl Pallant*)

About the Author

Amanda Williamson is an Honorary Visiting Professor at Coventry University.

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Sarah Whatley is Professor of Dance at Coventry University.

Rebecca Weber is a somatic movement and dance educator who serves as an adjunct professor at various Philadelphia-area universities.

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