


# The Cure: Heal Your Body, Save Your Life

*By Dr. Timothy Brantley*

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**The Cure: Heal Your Body, Save Your Life** By Dr. Timothy Brantley

According to Dr. Timothy Brantley, most health problems are not caused by genetics or germs but by the standard American diet. Drawing on Brantley's groundbreaking research and his years of working with nutritional healing, *The Cure* contains a revolutionary step-by-step program that can flush toxins out of the body, restore balance, promote natural healing, and increase vitality.

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**The Cure: Heal Your Body, Save Your Life By Dr. Timothy Brantley Bibliography**

- Sales Rank: #85626 in Books
- Published on: 2008-11-01
- Original language: English
- Number of items: 1
- Dimensions: 8.88" h x .63" w x 5.82" l, .61 pounds
- Binding: Paperback
- 240 pages

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## Editorial Review

From the Inside Flap
In this remarkable book, Dr. Timothy Brantley writes that most health problems are not caused by genetics or germs but by the standard American diet. Rather than eat foods the way they were created, we all too often pollute our bodies with refined, packaged products. When we feel ill, we may take drugs to temporarily mask the symptoms. Now Dr. Brantley wants to change how you view and manage your health—while showing you how you can revitalize it.

Drawing on Brantley's groundbreaking research and his years of working with nutritional healing, The Cure contains a revolutionary program that can flush toxins out of the body, restore balance, promote natural healing, and increase vitality. Dr. Brantley's program has already helped many seriously ill patients, including several well-known celebrities.

After his mother, father, and young cousin died tragic deaths at early ages from terminal illnesses, Timothy Brantley embarked on a quest for answers to the mystery of why they died so young. Dr. Brantley has dedicated his life to understanding the role our diets and lifestyles play in our health. The Cure lays out Brantley's findings about why sickness happens, shows how disease can be reversed, and, most importantly, explains how to prevent ill health in the first place.

In The Cure, Dr. Brantley shares his revo-lutionary step-by-step program, which features a diet of raw or lightly cooked organic foods as well as exercise, rest, fasts, water, whole-food supplements, and herbal for-mulas. Sharing life-affirming case stories of people who diligently followed Dr. Brantley's program, you'll discover how: Carlos lost forty pounds and no longer suffers from debilitating headaches Todd, who suffered from lifelong asthma,was able to throw away his inhalers Sonya beat cervical cancer within four months Howie, president of a large record company, overcame prostate cancer

Your body wants to heal. Enjoy the optimal health you were born to enjoy. Read The Cure and find out how.

From the Back Cover
**Discover *The Cure***

**As seen on Rachael Ray and Montel**

**The Bestselling Revolutionary Program For Healing**

"No one has more knowledge on the subject of internal health than Dr. Timothy Brantley. I have known him for over twenty years and he is the real deal!"
**–Sylvester Stallone, actor, writer, producer, and director**

"Dr. Timothy Brantley offers hope in cases where there is none. I know from experience that his work saves lives. I have no greater praise."
**–Kelsey Grammer, actor, producer, and director**

"Dr. Brantley has been a most reliable and helpful source of information, guidance, and care. I will always be indebted to him for changing my life, changing my health, and giving me a vitality I never imagined. I thank God every day for bringing him into my life."

**–Carol Alt, supermodel, actress, and author**

According to Dr. Timothy Brantley, most health problems are not caused by genetics or germs but by the standard American diet, which is filled with refined, packaged, often artificial products. Drawing on Dr. Brantley's groundbreaking research and his years of working with nutritional healing, *The Cure* contains a life-changing step-by-step program that can flush toxins out of the body, restore balance, promote natural healing, and increase vitality. *The Cure* shows you Brantley's findings about why sickness happens, explains how disease can be reversed, and, most importantly, reveals how to prevent ill health in the first place.

Your body wants to heal. Enjoy the optimal health you were born to enjoy. Read *The Cure* and find out how.

About the Author
**Timothy Brantley, Ph.D., N.D.,** a nutritional and herbal pioneer who has treated numerous celebrities, is a regular health expert on the *Rachael Ray show*, *Montel*, and *The Dr. Pat Show*. He has lectured at Learning Annex centers throughout the country, teaching the protocols detailed in *The Cure*. Visit his Web site at www.brantleycure.com.

## Users Review

**From reader reviews:**

**Madeline Wayt:**

This The Cure: Heal Your Body, Save Your Life book is not really ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book will be information inside this reserve incredible fresh, you will get data which is getting deeper anyone read a lot of information you will get. This specific The Cure: Heal Your Body, Save Your Life without we understand teach the one who examining it become critical in contemplating and analyzing. Don't always be worry The Cure: Heal Your Body, Save Your Life can bring when you are and not make your handbag space or bookshelves' turn into full because you can have it with your lovely laptop even mobile phone. This The Cure: Heal Your Body, Save Your Life having very good arrangement in word along with layout, so you will not experience uninterested in reading.

**Delores Keener:**

Hey guys, do you wants to finds a new book to learn? May be the book with the concept The Cure: Heal Your Body, Save Your Life suitable to you? Often the book was written by popular writer in this era. The book untitled The Cure: Heal Your Body, Save Your Lifeis the main one of several books that will everyone read now. That book was inspired many people in the world. When you read this publication you will enter the new age that you ever know prior to. The author explained their idea in the simple way, so all of people can easily to know the core of this book. This book will give you a large amount of information about this world now. In order to see the represented of the world in this book.

**Issac Molina:**

People live in this new time of lifestyle always make an effort to and must have the time or they will get lot of stress from both daily life and work. So , when we ask do people have spare time, we will say absolutely sure. People is human not a robot. Then we ask again, what kind of activity do you have when the spare time

coming to a person of course your answer will unlimited right. Then do you ever try this one, reading textbooks. It can be your alternative within spending your spare time, the book you have read is usually The Cure: Heal Your Body, Save Your Life.

**Norma Baumgarten:**

The Cure: Heal Your Body, Save Your Life can be one of your beginner books that are good idea. We all recommend that straight away because this publication has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining but still delivering the information. The copy writer giving his/her effort to get every word into joy arrangement in writing The Cure: Heal Your Body, Save Your Life however doesn't forget the main position, giving the reader the hottest in addition to based confirm resource facts that maybe you can be one among it. This great information can easily drawn you into completely new stage of crucial pondering.


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