

Get Tough! How to Win in Hand-to-Hand Fighting, as Taught to the British Commandos, and the U.S. Armed Forces

By W. E. Fairbairn

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Get Tough! is the fully illustrated manual of lethal unarmed combat methods taught to British and US Special Forces in the Second World War by Major WE Fairbairn, co-inventor of the Sykes-Fairbairn knife, and senior instructor to WW2's Special Forces. The methods used in this book should only be employed when life is in danger from an attacker, since correctly applied they can kill or maim an opponent.

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