

Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies in Psychotherapy)

By Glen O. Gabbard

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Long-Term Psychodynamic Psychotherapy: A Basic Text, by leading psychotherapist and educator Glen O. Gabbard, M.D., instructs in both the core principles of this fundamental treatment modality and its practice in real-world treatment settings. This second edition expands on the theoretical, technical, and clinical issues addressed in the popular first edition. Since the first edition appeared in 2004, rigorous research revealed in major psychiatric and psychological journals has further confirmed the efficacy of psychodynamic psychotherapy and how it can improve the lives of patients over time. Those findings make a thorough understanding of key concepts, assessment, indications, formulation, interventions, and the goals of therapy crucial for emerging psychotherapy professionals. An innovative feature of the new edition is a companion DVD in which the author brings the text to life, giving psychiatric residents and other mental health professionals an invaluable glimpse of a senior clinician at work. The DVD illustrates key clinical problems encountered in psychiatry, psychology, or social work and proven solutions gathered over many years of actual clinical experience.

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Editorial Review

Review
This revision of Dr. Gabbard's introductory "course" in psychodynamic psychotherapy is a gift to all students of this complex yet essential form of treatment. An already outstanding volume is much improved by thoughtful additions to the text and accompanying videos that bring the words alive. It is like have one of the great clinician/educators of our time in the room, steadily opening doors to understanding. --David A. Goldberg, M.D., Chair and Residency Training Director, California Pacific Medical Center, San Francisco, Past Executive Director and President, Association of American, Director's of Psychiatric Residency Training (AADPRT)

Glen Gabbard s extensive clinical experience in psychodynamic psychotherapy provides the backdrop for this superb textbook for the beginning and intermediate-level psychodynamic psychotherapist. Once again Dr. Gabbard has provided for trainees and practitioners lucid descriptions of the key concepts and history of psychodynamic psychotherapy, technique, and therapeutic action, amply illustrated with well-chosen clinical vignettes. The addition of findings from cognitive neuroscience studies of unconscious mental functioning, psychodynamic psychotherapy efficacy studies and the updated section on evaluating core competencies bring the reader up to date with advances in the field." --Lisa A. Mellman, M.D., Clinical Professor of Psychiatry, Columbia University College of Physicians and Surgeons; Past President, American Association of Directors of Psychiatry Residency Training

From the Inside Flap

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About the Author

Glen O. Gabbard, M.D., occupies the Brown Foundation Chair of Psychoanalysis and is Professor of Psychiatry, Director of Psychotherapy Education, and Director of the Baylor Psychiatry Clinic at Baylor College of Medicine in Houston, Texas. He served as Joint Editor-in-Chief of the *International Journal of Psychoanalysis*, 2001--2007.

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Peter Holmes:

Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies in Psychotherapy) can be one of your beginner books that are good idea. All of us recommend that straight away because this guide has good vocabulary that may increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The author giving his/her effort to get every word into delight arrangement in writing Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies in Psychotherapy) although doesn't forget the main point, giving the reader the hottest and also based confirm resource information that maybe you can be considered one of it. This great information can certainly drawn

you into fresh stage of crucial considering.

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