


# The Seat of the Soul

*By Gary Zukav*

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**The Seat of the Soul** By Gary Zukav

The twenty-fifth anniversary of this beloved bestseller is celebrated in Prefaces by Oprah Winfrey and Maya Angelou and contains a new Foreword by the author, website links, and a new Study Guide to help readers find even deeper meaning and fulfillment.

*The Seat of the Soul* encourages you become the authority in your own life. It will change the way you see the world, interact with other people, and understand your own actions and motivations. Beginning with evolution, Gary Zukav takes you on a penetrating exploration of the new phase humanity has entered: we are evolving from a species that understands power as the ability to manipulate and control—*external* power—into a species that understands power as the alignment of the personality with the soul--*authentic* power. Our evolution requires each of us to make the values of the soul our own: harmony, cooperation, sharing, and reverence for Life. Using his scientist's eye and philosopher's heart, Zukav shows us how to participate fully in this evolution, enlivening our everyday activities and all of our relationships with meaning and purpose.

*The Seat of the Soul* has sold millions of copies around the globe, and as it changes lives, more and more people begin to live by the values of the spirit. Indeed, a new world is emerging, and this book brings its message to you.

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**The Seat of the Soul By Gary Zukav Bibliography**

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## Editorial Review

From Publishers Weekly
"A laser is like a whole personality," writes Zukav. In a sequel to The Dancing Wu Li Masters , this exponent of the spiritual side of the "new physics" goes beyond intriguing parallels. In gracefully written sermonettes with titles like "Evolution," "Light," "Power" and "Addiction," he makes a bold attempt to fuse so-called New Age wisdom with modern psychology, science and sociopolitical reality. Zukav posits two types of people: the "five-sensory human" who puts mind over heart, lacks trust, plays power games and can't tap intuition is contrasted with the "multisensory" individual who seeks alignment of the soul with the personality. One section relates personal and national karma to the theory of Gaia, which holds that Earth is a single living entity with a soul. Though Zukav explores themes long familiar to astrologers and occultists, his high-minded synthesis is something more than old wine in a new bottle.
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From Library Journal
This remarkable treatment of thought, evolution, and reincarnation examines the purpose of the immortal human soul during life and its continuation after physical death. Zukav's extraordinary skill in explaining scientific abstraction and the new physics, displayed in his best-selling The Dancing Wu Li Masters ( LJ 5/1/79), is again evident as he critically questions the link between the existing Western model of the soul and the subsequent lack of meaningful human evolution. Beginning by examining the debilitating effect of this model, Zukav then describes the importance of nonphysical reality, alluding to properties not yet accepted or understood by scientists. Overall, a readable, thought-provoking tome on how our perceptions must change dramatically if we are to survive; will be in demand in New Age collections.
- *Kevin M. Roddy, Oakland P.L., Cal.*
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Review
“*The Seat of the Soul* changed the way I see myself. It changed the way I view the world. It caused a profound shift in the way I conduct all my relationships, business and personal. . . . I’ve taught leadership classes at the Oprah Winfrey Leadership Academy for Girls with the help of *The Seat of the Soul*. I've used its principles to teach elementary school students, high school students, even MBAs at the Kellogg School of Management. I get a surge of delight every single time someone reads this book and feels the amazement I felt 25 years ago.” (Oprah Winfrey )

“The intrepid, daring Gary Zukav . . . tells the hard truths as easily as willow trees bow gracefully along a brook side. . . . After reading Zukav’s book for the tenth time, I still found it outrageous . . . I keep my second copy of the book covered in plastic at the kitchen table, so it will be protected from years of use and so that the olive oil from a just-made salad will not smudge the cover . . . I suggest to the new Zukav reader to draw close to share this book with someone who has firm nerve and a wonderful sense of humor because when Zukav’s ideas stop challenging you, you will laugh with the wonderful laughter of the discoverer who has found a new continent.” (Maya Angelou, American Poet Laureate, author of I Know Why the Caged Bird Sings )

“*The Seat of the Soul* is a very important book to me.” (Paulo Coelho, author of The Alchemist )

## Users Review

**From reader reviews:**

**Robert Caceres:**

Book is usually written, printed, or illustrated for everything. You can understand everything you want by a reserve. Book has a different type. To be sure that book is important issue to bring us around the world. Close to that you can your reading talent was fluently. A guide The Seat of the Soul will make you to become smarter. You can feel a lot more confidence if you can know about almost everything. But some of you think that open or reading any book make you bored. It's not make you fun. Why they could be thought like that? Have you searching for best book or appropriate book with you?

**Clara Reece:**

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**Dustin Alvarez:**

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