

When Good People Have Affairs: Inside the Hearts & Minds of People in Two Relationships

By Mira Kirshenbaum

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A world-renowned therapist, Mira Kirshenbaum has treated thousands of people caught in the powerful drama over what to do when an affair rocks their emotional lives. Now, in *When Good People Have Affairs*, Kirshenbaum puts her unsurpassed experience into one clear, calming place. She leads readers through six easy-to-navigate steps that will take anyone from anxiety to clarity, and identifies seventeen types of affairs, helping readers figure out which type they're in and what it means. Is it a:

--"See-if" affair?

--Ejector-seat affair?

--Distraction affair?

--Unmet-needs affair?

--Panic affair?

Kirshenbaum encourages honest answers to such questions as:

--What am I missing in my marriage?

--How do I decide between two people when it's like comparing an apple to an orange?

--How do I decide to end my marriage, end my affair, or end them *both*?

When Good People Have Affairs will be a lifeline to any man or woman who feels caught between two lovers, and its insights are indispensable to anyone else touched by an affair.

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