

Awakening the Heroes Within: Twelve Archetypes to Help Us Find Ourselves and Transform Our World

By Carol S. Pearson

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AWAKENING THE HEROES WITHIN

"The heroic quest is about saying 'yes' to yourself and in so doing, becoming more fully alive and more effective in the world…The quest is replete with dangers and pitfalls, but it offers great rewards: the capacity to be successful in the world, knowledge of the mysteries of the human soul, and the opportunity to find and express your unique gifts in the world".

In this bold and original work, Carol S. Pearson shows that the heroic quest isn't just for certain people under special circumstances. Exploring the many heroic paths available to each of us, at every point in our lives, her innovative program enables us to live heroically by activating and applying twelve archetypes in our lives.

This companion to the best-selling 'The Hero Within' outlines twelve archetypal patterns that can aid inner development and the quest for wholeness.

'These archetypes are inner guides that can help us:'

• prepare for the journey, by learning how to become successful members of society
• embark upon the quest, by becoming initiated into the mysteries of the human soul; and
• return to transform our lives as a result of claiming our uniqueness and personal power

Writing for individuals seeking to realise their full potential and professionals engaged in empowering others, Pearson shows how journeys differ by the age, gender, and cultural background of the seeker, and how archetypes help awaken the capacities of our psyches. A unique diagnostic test, the Heroic Myth Index, and exercises are included to help us understand and awaken our inner guides.

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Editorial Review

About the Author

Carol S. Pearson, Ph.D., is an internationally recognized scholar and well-known author of numerous books, among them the bestselling The Hero Within, Awakening the Heroes Within, The Hero and the Outlaw, and Magic at Work. Her forthcoming book, Persephone Rising: Awakening the Heroine Within, will be published in October 2015 and is available for advance orders.

Dr. Pearson's most recent book, The Transforming Leader, is an edited collection of cutting edge essays on the challenges facing leaders in the 21st century that grew out of the Fetzer Institute's Leadership for Transformation Project, for which she was principal investigator. The Transforming Leader was honored by the International Leadership Association for for making a significant contribution to the field of leadership.

Dr. Pearson previously was executive vice president and provost and later president of Pacifica Graduate Institute in Santa Barbara, CA. She has been a senior administrator and professor at higher education institutions including the University of Colorado, the University of Maryland, Georgetown University, and Goucher College; a consultant for multinational corporations and government agencies; and a popular public speaker and workshop leader. Before going to Pacifica, she was executive director of the James MacGregor Burns Academy of Leadership at the University of Maryland, a professor in the UM School of Public Policy, and a member of the executive committee of the International Leadership Association. Earlier in her career, she was President of CASA: the Center for Archetypal Studies and Applications; President of Meristem, a nonprofit educational organization; and senior editor of The Inner Edge: A Resource for Enlightened Business Practice. She currently lives in Santa Barbara with her husband of 40 years.

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