


# How Full Is Your Bucket? For Kids

*By Tom Rath, Mary Reckmeyer*

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**How Full Is Your Bucket? For Kids** By Tom Rath, Mary Reckmeyer

An illustrated adaptation of the long-running bestseller *How Full Is Your Bucket?* (more than 400,000 copies sold) for kids — told through the story of a boy who learns a valuable “bucket filling” metaphor and watches it come to life as the day unfolds.

Every moment matters.

Each of us has an invisible bucket. When our bucket is full, we feel great. When it’s empty, we feel awful. Yet most children (and many adults) don’t realize the importance of having a full bucket throughout the day.

In *How Full Is Your Bucket? For Kids*, Felix begins to see how every interaction in a day either fills or empties his bucket. Felix then realizes that everything *he* says or does to other people fills or empties their buckets as well.

Follow along with Felix as he learns how easy it can be to fill the buckets of his classmates, teachers and family members. Before the day is over, you’ll see how Felix learns to be a great bucket filler, and in the process, discovers that filling someone else’s bucket also fills his own.

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**How Full Is Your Bucket? For Kids By Tom Rath, Mary Reckmeyer Bibliography**

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## Editorial Review

From School Library Journal
Kindergarten-Grade 2—Based on the author's adult work *How Full Is Your Bucket?* (Gallup, 2004), this book explains that we all have invisible buckets of water over our heads. The negative actions of others toward us can empty the buckets, and our own meanness toward them can deplete their vessels, too. Positive actions reverse the process. Felix refuses to allow his sister to play blocks with him. When she angrily kicks over his tower, his grandfather explains that Felix dipped from his sister's container. The next morning Felix actually sees a bucket floating over his own head, and during the course of the day, as he is alternately bullied and praised, he realizes what causes it to be empty or full. This story is so heavy-handed and didactic that children are likely to find it laughable. Neither Felix, his sister, nor even their dog is a likable character, and the floating buckets over everyone's head look just plain silly.—*Grace Oliff, Ann Blanche Smith School, Hillsdale, NJ* END

From the Publisher
When Felix wakes up one morning, he finds an invisible bucket floating overhead. A rotten morning threatens his mood - and his bucket - drop by drop. Can Felix discover how to refill his bucket before it's completely empty?

From the Author
Tom Rath has been described by the media and business leaders as, "one of the greatest thinkers of his generation." His #1 international bestsellers have sold more than 5 million copies in the last decade and made over 250 appearances on the Wall Street Journal's bestseller list.

Tom's next book, EAT MOVE SLEEP: WHY SMALL CHOICES MAKE A BIG DIFFERENCE is already receiving critical acclaim as his next "blockbuster book," a "transformative work," and as the new "operating code for human health." To learn more or request and Advance Copy, visit: tomrath.org

Tom is a Senior Scientist and Advisor to Gallup, where he previously spent 13 years leading the organization's work on employee engagement, strengths, and wellbeing. He also served as Vice Chairman of the VHL cancer research organization. Tom earned degrees from the University of Michigan and University of Pennsylvania, where he is now a guest lecturer. Tom and his wife, Ashley, and their two children live in Arlington, Virginia.

## Users Review

**From reader reviews:**

**Ron Lauer:**

This How Full Is Your Bucket? For Kids usually are reliable for you who want to be described as a successful person, why. The main reason of this How Full Is Your Bucket? For Kids can be among the great books you must have is definitely giving you more than just simple reading through food but feed you actually with information that perhaps will shock your earlier knowledge. This book is definitely handy, you can bring it everywhere you go and whenever your conditions at e-book and printed types. Beside that this How Full Is Your Bucket? For Kids forcing you to have an enormous of experience including rich vocabulary, giving you trial run of critical thinking that we all know it useful in your day activity. So , let's

have it and revel in reading.

**Joseph Vest:**

People live in this new time of lifestyle always try to and must have the free time or they will get great deal of stress from both daily life and work. So , when we ask do people have spare time, we will say absolutely sure. People is human not really a huge robot. Then we consult again, what kind of activity do you have when the spare time coming to a person of course your answer will unlimited right. Then do you try this one, reading guides. It can be your alternative throughout spending your spare time, typically the book you have read will be How Full Is Your Bucket? For Kids.

**Brian Hill:**

Many people spending their moment by playing outside with friends, fun activity having family or just watching TV all day every day. You can have new activity to pay your whole day by studying a book. Ugh, do you think reading a book can actually hard because you have to accept the book everywhere? It okay you can have the e-book, getting everywhere you want in your Smartphone. Like How Full Is Your Bucket? For Kids which is finding the e-book version. So , why not try out this book? Let's notice.

**Donna Feuerstein:**

Is it an individual who having spare time subsequently spend it whole day by simply watching television programs or just laying on the bed? Do you need something totally new? This How Full Is Your Bucket? For Kids can be the answer, oh how comes? A fresh book you know. You are thus out of date, spending your time by reading in this fresh era is common not a geek activity. So what these publications have than the others?

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