

Integrating Religion and Spirituality into Counseling: A Comprehensive Approach (Spirituality/Religious Values)

By Marsha Wiggins Frame

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This text is intended to help counselors and other mental health practitioners make informed and effective interventions with clients for whom religion and spirituality are significant concerns. It is comprehensive, providing information on religious systems and spiritual beliefs as well as clinical strategies and interventions. Throughout the text, the author weaves the theme in of understanding how the counselor's own worldview and values impact working with clients and offers activities and cases for exploring this further.

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- Sales Rank: #580607 in Books
- Brand: Cengage Learning
- Published on: 2002-06-26
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.25" h x .82" w x 6.37" l, 1.06 pounds
- Binding: Paperback
- 360 pages

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Review
"This author has a gift for writing both from a personal and professional perspective. The writing is clear and easy to follow; the chapters flow easily into the case illustrations and suggested activities. She integrates culture, family, special population issues into her themes; advocating the generalizability of the inclusion of these constructs in a wide range of counseling services."

"I find the writing style of this book very comfortable in a way that maintains interest. I was also very comfortable with the flow and the transitions from topic to topic, and was impressed by the high level of detail."

"The author writes in a manner that is professional, appealing and at a pace that typically holds the reader's attention. This text is packed with accurate and recent information that reflects the author's diligence in considering the essentials for such a text."

"This is an extremely valuable text for all mental health practitioners involved with counseling, who are aware they need to address the growing necessity and demand for catering to the spiritual and religious dimensions of clients."

"How would I describe the text to a colleague: thorough, helpful learning activities and case examples, monumental!"

About the Author
Marsha Wiggins Frame is currently Chair for the division of Counseling Psychology and Counselor Education at the University of Colorado at Denver. Over the years, she has taught courses such as Foundations of Guidance, Counseling and Personnel Services, Human Sexuality, Spiritual Issues in Counseling and Psychotherapy, Practicum, Internship, and Ethics and Legal Issues. She has won awards from her profession and university for excellence in teaching.

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