


# Spiritual Protection: A Safety Manual for Energy Workers, Healers, and Psychics

*By Sophie Reicher*

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Spiritual Protection: A Safety Manual for Energy Workers, Psychics, and Healers is a training handbook for anyone interested in deepening their psychic abilities, training gifts already in evidence, or simply developing a greater sensitivity to energy. This no-nonsense book, with its special emphasis on safety, protection, and energetic awareness, takes readers step by step through a thorough system of exercises designed to increase competence, confidence, and skill. Focusing on oft-neglected fundamentals, Reicher cuts through the complexity and confusion so often surrounding this topic and instead offers clear instructions and explanations that even the most novice of readers can easily follow.

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## Editorial Review

Review
**"Sophie Reicher's book is chock-full of useful techniques from many different cultural contexts for making sure that your magical tank runs clean."**
**--Raven Kaldera, author of the Northern Tradition Shamanism series**

**"Spiritual Protection is a necessary addition to any spiritual bookshelf, regardless of individual path. The instructions are clear enough for a beginner but with enough thoughtful information that even a seasoned practitioner can learn a thing or two."**
**--Anya Kless, author of Lilith: Queen of the Desert**

About the Author
Sophie Reicher has been an occultist, diviner, and magician for more than twenty years. Originally trained in Ceremonial Magic, she has also studied Kabala, hoodoo/rootwork, and rune magic. She is a regular contributor to two online magazines: godsmouths.blogspot.com and bloodfordivine.blogspot.com. Her work may also be found in Day Star and Whirling Wheel and Runes: Theory and Practice, both by Galina Krasskova. Reicher can frequently be found teaching classes in psychic protection in New York City, where she lives and works.

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