

The Artist's Way: 25th Anniversary Edition

By Julia Cameron

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"Without *The Artist's Way*, there would have been no *Eat, Pray, Love*." —Elizabeth Gilbert

The Artist's Way is the seminal book on the subject of creativity. An international bestseller, millions of readers have found it to be an invaluable guide to living the artist's life. Still as vital today—or perhaps even more so—than it was when it was first published twenty five years ago, it is a powerfully provocative and inspiring work. Julia Cameron reflects upon the impact of **The Artist's Way** and shares additional insights into the creative process that she has gained. Updated and expanded, this anniversary edition reframes **The Artist's Way** for today's creatives.

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The Artist's Way: 25th Anniversary Edition By Julia Cameron Bibliography

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Editorial Review

Amazon.com Review
With the basic principle that creative expression is the natural direction of life, Julia Cameron and Mark Bryan lead you through a comprehensive twelve-week program to recover your creativity from a variety of blocks, including limiting beliefs, fear, self-sabotage, jealousy, guilt, addictions, and other inhibiting forces, replacing them with artistic confidence and productivity.

This book links creativity to spirituality by showing how to connect with the creative energies of the universe, and has, in the four years since its publication, spawned a remarkable number of support groups for artists dedicated to practicing the exercises it contains.

From Library Journal
This program consists of segments from the author's book of the same name (Tarcher, 1992). She recommends two ongoing activities that will conquer blocks and self-destructive tendencies: morning pages and artist's dates. Morning pages are three pages of writing, performed daily, about anything at all. This exercise overcomes the writer's internal censor and makes writing habitual, she claims. The artist's date is a weekly block of two hours spent observing, experiencing, and sensing. The balance of the recording describes how the artist can overcome human tendencies such as jealousy, fear, and addiction. This abridgment leaves much to be desired. In her introduction, Cameron states that the audio is an interactive abridgment of her 12-week program. There is nothing interactive about it, however. The sound quality is poor, and the content is similar to the many available 12-step programs. In that sense, it is redundant and will appeal to a very small audience. Not recommended.?Joanna M. Burkhardt, Univ. of Rhode Island Coll. of Continuing Ed. Lib.
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Review

“**THE ARTIST’S WAY** by Julia Cameron is not exclusively about writing—it is about discovering and developing the artist within whether a painter, poet, screenwriter or musician—but it is a *lot* about writing. If you have always wanted to pursue a creative dream, have always wanted to play and create with words or paints, this book will gently get you started and help you learn all kinds of paying-attention techniques; and that, after all, is what being an artist is all about. It’s about learning to pay attention.”
--Anne Lamott, Mademoiselle

“The premise of the book is that creativity and spirituality are the same thing, they come from the same place. And we were created to use this life to express our individuality, and that over the course of a lifetime that gets beaten out of us. [**THE ARTIST’S WAY**] helped me put aside my fear and not worry about whether the record would be commercial.”
--Grammy award-winning singer Kathy Mattea

“Julia Cameron brings creativity and spirituality together with the same kind of step-by-step wisdom that Edgar Cayce encouraged. The result is spiritual creativity as a consistent and nourishing part of daily life.”
--Venture Inward

“I never knew I was a visual artist until I read Julia Cameron’s **THE ARTIST’S WAY**.”
--Jannene Behl in Artist’s Magazine

“Julia Cameron’s landmark book **THE ARTIST’S WAY** helped me figure out who I really was as an adult, not so much as an artist but as a person. And award-winning journalist and poet, Cameron’s genius is that she doesn’t tell readers what they should do to achieve or who they should be—instead she creates a map for readers to start exploring these questions themselves.”
--Michael F. Melcher, Law Practice magazine

“This is not a self-help book in the normative sense. It is simply a powerful book that can challenge one to move into an entirely different state of personal expression and growth.”
--Nick Maddox, Deland Beacon

“**THE ARTIST’S WAY** (with its companion volume **THE ARTIST’S WAY MORNING PAGES JOURNAL**) becomes a friend over time, not just a journal. Like a journal, it provokes spontaneous insights and solutions; beyond journaling, it establishes a process that is interactive and dynamic.”
--Theresa L. Crenshaw, M.D., San Diego Union-Tribune

“If you really want to supercharge your writing, I recommend that you get a copy of Julia Cameron’s book **THE ARTIST’S WAY**. I’m not a big fan of self-help books, but this book has changed my life for the better and restored my previously lagging creativity.”
--Jeffrey Bairstow, Laser Focus World

“Working with the principle that creative expression is the natural direction of life, Cameron developed a three month program to recover creativity. **THE ARTIST’S WAY** shows how to tap into the higher power that connects human creativity and the creative energies of the universe.”
--Mike Gossie, Scottsdale Tribune

“**THE ARTIST’S WAY** is the seminal book on the subject of creativity and an invaluable guide to living the artistic life. Still as vital today—or perhaps even more so—than it was when it was first published in 1992, it is a provocative and inspiring work. Updated and expanded, it reframes **THE ARTIST’S WAY** for a new century.”
--Branches of Light

“THE ARTIST’S WAY has sold over 3 million copies since its publication in 1992. Cameron still teaches it because there is sustained demand for its thoughtful, spiritual approach to unblocking and nurturing creativity. It is, dare we say, timeless.”
--Nancy Colasurdo, FOXBusiness

Praise for VEIN OF GOLD, the second volume in the ARTIST’S WAY trilogy

“For those seeking the wellspring of creativity, this book, like its predecessor, is a solid gold diving rod.”
--PUBLISHERS WEEKLY

Users Review

From reader reviews:

Frances Oberlin:

Do you have favorite book? Should you have, what is your favorite's book? Reserve is very important thing for us to find out everything in the world. Each book has different aim or maybe goal; it means that guide has different type. Some people sense enjoy to spend their time and energy to read a book. They can be reading whatever they acquire because their hobby is definitely reading a book. Why not the person who don't like reading a book? Sometime, person feel need book once they found difficult problem or perhaps exercise. Well, probably you will require this The Artist's Way: 25th Anniversary Edition.

Jaime Worm:

Do you one among people who can't read gratifying if the sentence chained inside straightway, hold on guys this kind of aren't like that. This The Artist's Way: 25th Anniversary Edition book is readable through you who hate those straight word style. You will find the data here are arrange for enjoyable looking at experience without leaving even decrease the knowledge that want to provide to you. The writer associated with The Artist's Way: 25th Anniversary Edition content conveys thinking easily to understand by many individuals. The printed and e-book are not different in the articles but it just different as it. So , do you nonetheless thinking The Artist's Way: 25th Anniversary Edition is not loveable to be your top list reading book?

Treva Ritter:

This book untitled The Artist's Way: 25th Anniversary Edition to be one of several books that will best seller in this year, this is because when you read this publication you can get a lot of benefit upon it. You will easily to buy this particular book in the book retail outlet or you can order it through online. The publisher on this book sells the e-book too. It makes you quickly to read this book, as you can read this book in your Smart phone. So there is no reason to your account to past this publication from your list.

Maria Holder:

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