

17 Lies That Are Holding You Back and the Truth That Will Set You Free

By Steve Chandler

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Steve Chandler may be the best-kept secret in the world of motivation. His first book, *100 Ways to Motivate Yourself*, has shipped over a hundred thousand copies. The audio edition listed for three consecutive weeks as the top-selling selection of the Audio Book Club. His second book, *Reinventing Yourself*, published in 1999, is showing even greater strength. His clients include US West, Motorola, and the IRS.

17 Lies That Are Holding You Back & the Truth That Will Set You Free lists over twenty lies that most of us tell ourselves to prevent us from being everything we could be, lies such as: "It's who you know", "That's just the way I am", "I'm not good with people", "I'm too old . . .", "The longer I have a habit the harder it is to break", "Winning the lottery would solve everything", "I don't have the time", and "There's nothing I can do." Actually, as Chandler points out, you already have all the power you need to free yourself. And part 2 of his book outlines these truths and shows you how to recover them and use them to change your life.

In *17 Lies That Are Holding You Back*, Chandler is in top form, going beyond the self-help category to the level of such inspirational classics as *The Road Less Traveled.*

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Editorial Review

Review
“In Chandler's splendid new book, *17 Lies That Are Holding You Back & the Truth That Will Set You Free*, he charms the reader with stories of his own shortcomings, but offers no reprieve for himself or the reader who identifies with him.” ?*Dale Dauten, King Features Syndicate*

About the Author

Steve Chandler is an active national speaker who gives more than fifty presentations per year. He's constantly in demand from the media. He is also the author of *35 Ways to Improve Your Relationship*. He resides in Phoenix, Arizona.

From AudioFile
"17 Lies" is a brilliant set of principles essential for people to function at their best, overcome personal obstacles, and achieve their heart's desire. With deftly told stories and personal examples, Chandler says that true independence and self-esteem comes from what we do, not what others give us or tell us. While recovery issues are not the focus, he encourages reworking childhood scripts and developing a habitual scrutiny of relationships that are causing trouble. He is most eloquent when drawing out the difference between happiness and pleasure and promoting attention to spiritual and nonrational influences. The program will give the listener courage to find the truth in their experiences and the freedom they were meant to enjoy. A well-rounded program that is highly recommended for listeners wanting a clearer path to blissful achievement. T.W. © AudioFile 2001, Portland, Maine-- *Copyright © AudioFile, Portland, Maine*

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