

Gane la Guerra Interna: El plan alimenticio que combate la imflamacion: la causa oculta de la obesidad y las enfermedades cronicas (Spanish Edition)

By Floyd H. Chilton PhD, Laura Tucker

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Enlaces inmunólogo un galardonado crecientes casos de enfermedades como la artritis, las alergias, la diabetes y las enfermedades del corazón a trastornos inflamatorios que son afectadas directamente por la elección de alimentos, destacando dos programas dietéticos diseñados para revertir respectivamente, y prevenir la inflamación en el cuerpo

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