

Nourishment Home Grown

By A.F. Beddoe

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Do you know that you need to grow a carrot differently from a tomato? Do you know that lettuce needs a different type of energy to grow than beans? Do you know how to measure the nourishment levels in the food you grow in your gardens, as well as the food you purchase in the market? Do you know how to make plant food mixtures that ideally nourish the plant? Do you know the relationship between soil and sickness? Nourishment Home Grown shows you how and explains why.

• Nourishment Home Grown is for those who are serious about having top quality food available.
• Nourishment Home Grown is the only book of its kind. It is positively not an ordinary garden book. It reveals how ideal health can only be promoted by foods that are intentionally grown and nourished by using the electromagnetic soil secrets discovered over sixty years ago by Dr. Carey Reams.
• Nourishment Home Grown is a how-to book. It tells how to understand and work with the little known secrets that ensure you are growing the absolute best food possible for life and health.
• Nourishment Home Grown reveals to you the whys behind some of your most puzzling questions about gardening and farming. It will even answer questions you didn’t know how to ask.

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Editorial Review

About the Author
Dr. Beddoe developed a deep love for agriculture growing up on the family farm in southern Oregon. Although his professional scholastic training has been in the field of medical health care-Doctor of Dental Surgery-he has never been removed from working with the soil.

It was during dental school that one of his physiology professors discovered that teeth actually have a natural cleansing and health maintenance process that begins from inside if the body is healthy and mineralized. Thus, the early years were a fascinating journey of learning. A major turning point came more than 27 years ago when he met and began studying with Dr. Carey Reams. Dr. Reams' work since the early 1930's in the field of agricultural biochemistry and biophysics set the stage for Dr. Beddoe to combine his love of agriculture with his work in human nutrition. Since then, "Biologic Ionization", as originally coined by Reams, has become his exclusive tool for understanding and working concurrently with human and soil health.

"The longer I work with soil chemistry, the more I know that our poorly mineralized food is robbing people of life," says Dr. Beddoe. "We are only as healthy as the food we eat, and that food is only as mineralized as the soil in which it is grown-if grown correctly. A farmer or gardener growing low mineral food spreads degeneration, disease and poor health, while the farmer and gardener who understands how to grow highly mineralized food promotes the best public health." Dr. Beddoe emphasized this point by saying, "Healthy and high mineral energy soil can have more effect on the health of humanity, than all the medical personal and institutions that will ever exist."

Users Review

From reader reviews:

Gina Melton:

Have you spare time for a day? What do you do when you have much more or little spare time? Yes, you can choose the suitable activity regarding spend your time. Any person spent their very own spare time to take a wander, shopping, or went to often the Mall. How about open or even read a book titled Nourishment Home Grown? Maybe it is for being best activity for you. You recognize beside you can spend your time using your favorite's book, you can better than before. Do you agree with the opinion or you have additional opinion?

Duane Sills:

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Ralph Pettie:

A lot of people always spent their free time to vacation as well as go to the outside with them household or their friend. Do you realize? Many a lot of people spent many people free time just watching TV, or perhaps playing video games all day long. If you wish to try to find a new activity that's look different you can read a new book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent the entire day to reading a reserve. The book Nourishment Home Grown it is quite good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. If you did not have enough space to bring this book you can buy the actual e-book. You can m0ore quickly to read this book from your smart phone. The price is not too expensive but this book provides high quality.

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