

The Real Love Companion - Taking Steps Towards a Happy and Loving Life

By Greg Baer

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The Real Love Companion is a book of practical applications for the book Real Love. Reading Real Love The Truth About Finding Unconditional Love and Fulfilling Relationships, is much more than an intellectual exercise. The principles become far more powerful when you can see how they explain your own feelings and behaviors, and when you can see how you can make wiser choices in the future. It is the purpose of the Companion to: amplify and add to the principles found in Real Love, teach you how to change your own reactions and behaviors, help you discuss Real Love more effectively with a friend, help you create the life-giving opportunities you need to actually feel Real Love, and facilitate the discussions in a group of wise men and women. Everyone who reads Real Love will benefit enormously from the practical applications found by reading the Companion.

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Editorial Review

About the Author
For twenty years, Greg Baer, M.D. was a highly successful surgeon, teacher, civic leader, and entrepreneur. But despite all his accomplishments, wealth, and respect, he felt empty and unhappy. He became a drug addict and nearly committed suicide. In his subsequent search for genuine happiness, he learned some principles that have changed the lives of hundreds of thousands. After Dr. Baer retired from his eye surgery practice, he began a new career of writing, teaching, and speaking. He has so far written 17 books about relationships, marriage, and parenting, which have been translated into multiple languages, and published worldwide; produced the three-CD audio series, The Truth About Love and Lies; produced the 6 DVD set (with Workbook) The Essentials of Real Love; produced the PBS television special, Real Answers, viewed nationwide; appeared on over 1500 radio and television programs from coast to coast in the United States, counseled personally with thousands of individuals and couples, profoundly changing their lives with the principles and power of Real Love; conducted over 300 seminars and corporate trainings and delivered speeches to audiences around the world where he has taught the principles of Real Love; and developed a comprehensive website that offers Real Love education through video coaching, webcasts, chat rooms, and much more.

Users Review

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