

Wisdom of the Whole Coaching Toolcards for Joy, Health, and Success

By Dr. Linda Bark

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Wisdom of the Whole Coaching Toolcards for Joy, Health, and Success By Dr. Linda Bark

This card deck is designed to help anyone looking to make changes and take action steps toward their goals. It includes 33 easy-to-use tool cards for moving authentically and easily toward higher levels of well being and success. These holistic and integral tools are oriented within the Wisdom of the Whole Coaching Model and can be used in a variety of settings and situations - from the boardroom to the classroom to your home office or kitchen table. At a crossroads? Find tools for discovering the right direction. Faced with a dilemma? Use a coaching tool to find the right next step. Need some motivation? Answer some questions for genuine movement forward. Ready to change? Gain fresh ideas to old problems and old patterns you would like to change. Use anywhere, anytime. For professional coaches and helping professionals, integrate these tools into your coaching sessions or interactions: Help your clients see more options, attract new clients with these new approaches, see your clients move forward easily and more authentically, and help clients explore the wisdom inherent in the body, mind, spirit and environment. The cards complement the Wisdom of the Whole textbook "Wisdom of the Whole: Coaching for Joy, Health, and Success" by Dr. Linda Bark, and well as the Wisdom of the Whole Coaching Academy's coach training courses. The title includes: 33 color 3.5" x 6" cards shrink wrapped with accompanying storage box.

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Marian Sheffield:

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