

Positional Release Techniques

By Leon Chaitow

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A video to accompany the book on the same subject. The video demonstrates the techniques (explained and described in Chaitow's book of the same title), which are of great interest to manualipulative physiotherapists, osteopaths and chiropracters. Leon Chaitow is becoming increasingly well known in the USA through his existing books, videos, and the Journal of Bodywork & Movement Therapies. He also tours Europe and the USA lecturing, speaking at conferences and attending workshops. Although much can be learned from descriptions in the book Positional Release Techniques, it is not easy to learn the techniques without seeing them demonstrated by a master practitioner. This video provides access to a teaching demonstration by a master for those who are unable to attend his lectures and courses. Features: * The techniques are popular with many manual therapists and their clients because they are non-invasive and can have almost immediate effect in relieving soft tissue pain and spasm * They are easy to carry out once you have seen them demonstrated * Interest in the techniques continues to gtow in the USA and Europe * Leon Chaitow is acknowledged as a master practitioner in the field * The video provides back up and a permanently available refresher course for practitioners

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